

National Alliance on Mental Illness

NAMI Oregon Annual Meeting

Report to Membership

November 14, 2020



National Alliance on Mental Illness

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Today's Agenda

- Board Candidates
- Annual Report to Membership
- Public Policy Update
- Q & A



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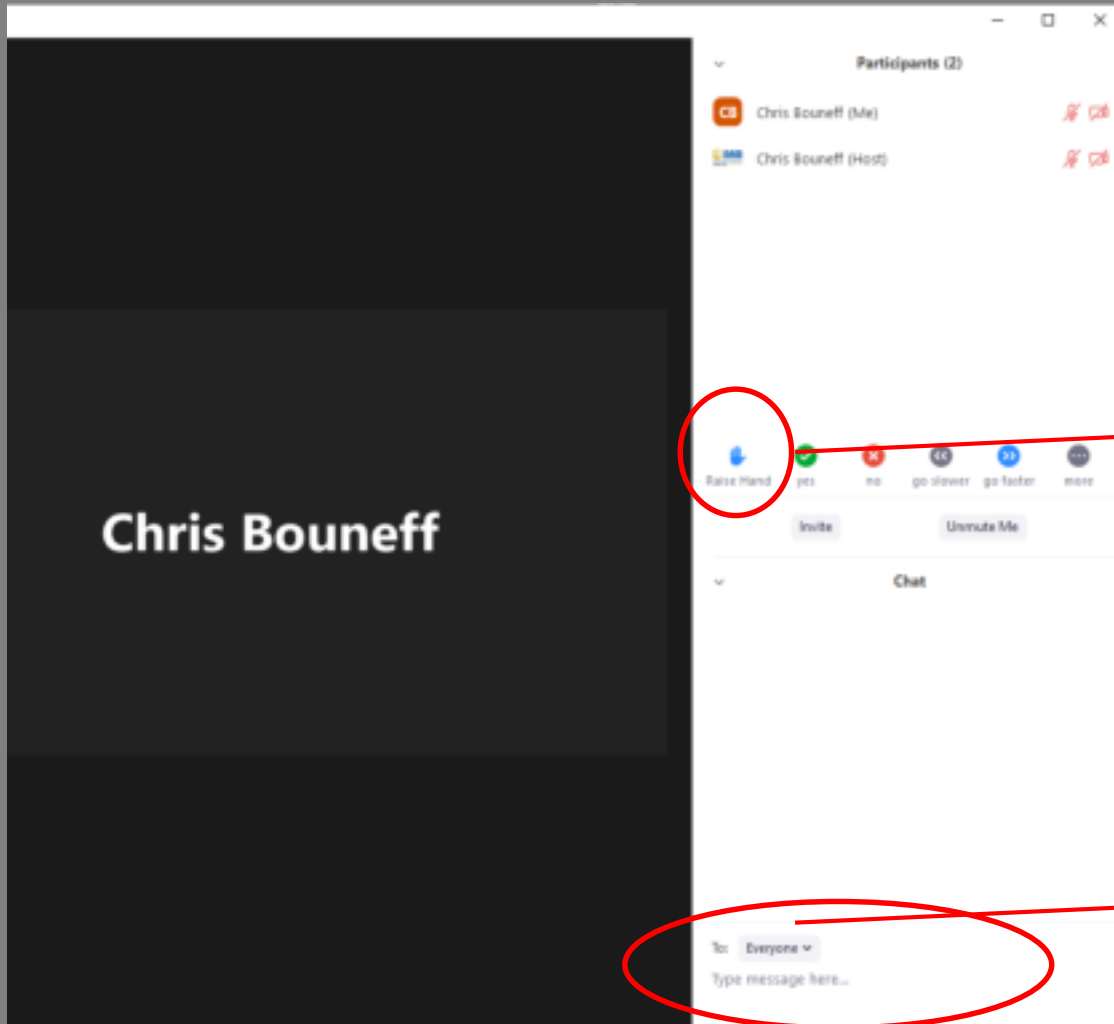
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Housekeeping: Questions & Comments

From your desktop or laptop computer.



On the Participant tab, select Raise Hand.

Or, use the Chat tab to ask a question or make a comment.

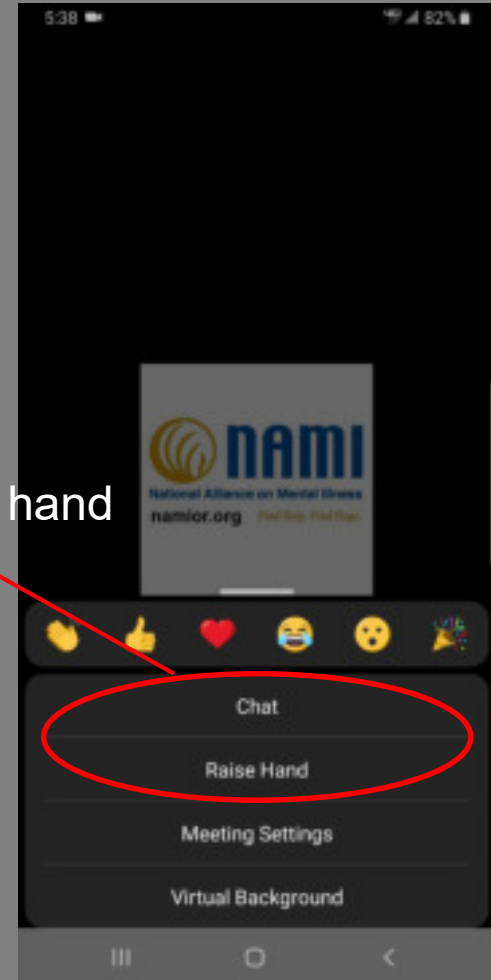
Housekeeping: Questions & Comments

From your mobile device or tablet



1) Click on the More tab.

2) Select chat or raise hand



Say Hello to Your Board & Staff!

- NAMI Board of Directors Present
- Michelle Madison
- Pete Link



Board Candidates: Second Terms

- **Harris Matarazzo**

Attorney. Represents patients in state hospital at PSRB hearings, other proceedings.

- **Brian Little**

Former chief medical officer at Oregon State Hospital, currently internal medicine physician with Providence.



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Board Candidates: First Terms

- **Judy Johnson**

Retired attorney, former board member Operation Nightwatch, NAMI Oregon Outreach Committee.



Board Candidates

- Zoom Poll: Vote “in favor” to approve slate of directors.



Annual Report to Membership



Education • Support • Advocacy

12 Affiliates Under State:

- Central Oregon
- Clatsop Co.
- Columbia Co.
- Coos Bay
- Douglas Co.
- Eastern Oregon
- Gorge
- Klamath Falls
- Marion/Polk Cos.
- Mid-Valley
- Southern Oregon
- Yamhill Co.

Education • Support • Advocacy

Affiliates with staff:

- Clackamas Co.
- Lane Co.
- Multnomah Co.
- Washington Co.

2018 Audited Financials

Total Revenue	\$ 722,458	
Expenses	Programs	Support Services
Personnel	\$ 149,936	\$ 52,721
Operations	\$ 279,894	\$ 106,223
Total	\$ 429,830	\$ 158,944
Total Expense	\$ 588,774	
Net Revenue	\$ 178,675	

* Estimated net revenue to NAMI Oregon: \$138,824

* One-Time Bequest = \$80,000

* Affiliates = \$39,851

2019 Audited Financials

Total Revenue	\$ 825,252	
Expenses	Programs	Support Services
Personnel	\$ 177,693	\$ 52,142
Operations	\$ 274,017	\$ 32,086
Total	\$ 451,710	\$ 153,230
Total Expense	\$ 577,687	
Net Revenue	\$ 247,565*	

* Estimated net revenue to NAMI Oregon: \$83,689.

* Estimated net revenue to Affiliates: \$163,876.

Grants to Affiliates!

- 2014: \$36,000 in grants.
- 2015: \$42,500 in grants.
- 2016: \$22,500 in grants.
- 2017: \$20,000 in grants.
- 2018: \$21,000 in grants.
- 2019: \$21,000 in grants.

\$163,000 in total grants!

2020 Operational Budget (No Affiliates)

Revenue	
Membership	\$ 7,080
Direct Public Support	\$ 70,424
Indirect Public Support	\$ 28,092
Government Contracts	\$ 117,990
Non-Gov Grants/Contracts	\$ 10,500
Other Sources	\$ 53,100
WALK Sponsor	\$ 69,100
WALK Teams	\$ 139,500
Total Revenue	\$ 497,486

2020 Operational Budget (No Affiliates)

Expense	
Salary/Related Expenses	\$ 226,120
Contract Services	\$ 57,438
Operations	\$ 163,299
Walk Distributions	\$ 89,550
Total Expense	\$ 536,407
Adjust for Aff. Net Walk	\$13,050

Net Revenue

\$ (51,971)

	TOTAL	2020 Budget	Diff. to Budget	% of Budget
Ordinary Revenue/Expense				
Revenue				
3100 - Membership	5,436	5,900	(464)	92%
3200 - Direct Public Support	72,857	52,020	20,837	140%
3300 - Indirect Public Support	30,401	23,410	6,991	130%
3400 - Government Contracts & Grants	134,449	89,430	45,019	150%
3500 - Non-govt Contracts & Grants	19,112	8,500	10,612	225%
3600 - Revenue from Other Sources	2,565	50,200	(47,635)	5%
3700 - PPP loan forgiveness	47,826	0	47,826	-
8100 - WALK Sponsors	74,000	69,000	5,000	107%
8200 - Teams/Walkers	119,666	139,500	(19,834)	86%
Total Revenue	\$ 506,312	\$ 437,960	\$ 68,352	116%
Expense				
4100 - Salary and Related Expenses	150,899	187,686	(36,787)	80%
4200 - Contract Services	42,183	51,144	(8,961)	82%
4300 - Operations	73,765	145,519	(71,754)	51%
9300 - WALK Distributions	62,715	89,550	(26,835)	70%
Total Expense	\$ 329,562	\$ 473,899	\$ (144,337)	70%
Net Ordinary Revenue	176,750			
Other Revenue/Expense				
Other Revenue				
3910 - Bank interest inc	1,716	1,500	216	114%
Net Revenue	\$ 177,868	\$ (34,439)	\$ 212,307	-
	(7,740)			
	(17,847)	(13,050)		
	\$ 152,281	\$ (47,489)	\$ 199,770	-

NAMI Signature Program Totals 2015-2020

Year	Events	Participants
2015	620	6,914
2016	545	5,782
2017	946	8,520
2018	1,438	13,444
2019	1,330	14,222
2020	713*	6,558*

* As of 11/12/20

Events and Participants by Program

Program	2018 (events/participants)	2019 (events/participants)	2020 (events/participants)
F2F	23 / 440	23 / 416	16 / 277
Basics	5 / 45	9 / 86	5 / 89
P2P	13 / 140	12 / 133	9 / 93
Homefront	3 / 23	1 / 4	1 / 10
ETS	83 / 2,513	113 / 3,722	50 / 1,271*
IOOV	50 / 1,059	80 / 1,496	32 / 673*
Connection	867 / 5,996	741 / 5,373	464 / 3,066*
FSG	382 / 3,083	338 / 2,808	127 / 918*

* As of 11/12/20

2020 Program Leader Trainings

Program	Trainings	No. Trained
Family-to-Family	1	9
Basics	0	0
Peer-to-Peer	1	9
Connection	3	20
Family Support Group	1	6
In Our Own Voice	2	10
Ending the Silence	Online	?
Family and Friends	Online	?

2020 - The Year of Zoom

- Pivoted all programs to Zoom in late March
- Trained more than 60 program leaders statewide on hosting Zoom meetings
- Currently offering more than 30 support groups online
- By end of 2020 will have held more than 25 courses online
- Most program leaders report being pleasantly surprised with the experience of providing programs online
- Many support groups and courses are open to all Oregonians, while others remain county-specific

Program Affiliate Growth

- In 2018, about \$170,000 on hand.
- As of Oct. 31: \$292,921 on hand.
- Spun off Chadwick Clubhouse in Roseburg. Now its own nonprofit organization.
- New Clubhouse in Astoria via NAMI Clatsop.
- Part-time staff for NAMI Southern Oregon.
- Full-time staff for NAMI Central Oregon.

Highlights for 2020

- Covid, Covid, Covid.
- New workshop on Resilience in development.
- Opened Clubhouse despite pandemic.
- Added FTE for Central Oregon on interim basis.
- Moved all programs and trainings quickly to Zoom platform.
- Supporting affiliates with online programs.

NAMI Statewide Helpline

- Toll-free Helpline fielded 1,269 calls, emails, and drop-ins.
- Web traffic: 34,806 users Jan. 1-Oct.31.
- 34,116 are new users. (98% new users)
- 13% increase in web traffic overall since March 11.
- Housing, online support groups, general resources and outpatient treatment are top pages.
- Redesign website in 2021 to better meet needs of users.

2020 NAMI Walks Northwest

- Entirely virtual.
- Coordinated with other spring Walk sites.
- Will be virtual in 2021.
- May 22 designated National Day of Hope.
- Raised \$197,666 overall.
- \$119,000 in contributions after shut down.
- Many options to participate in 2021 regardless of geography.

Coming in 2021

- Full legislative session.
- Expand online offerings.
- Larger online training programs.
- Support affiliates with online activities.
- Possible new staff position. Likely part-time.

Public Policy Update



2021 Legislative Priorities

- **Expand Definition of Parity**

- ✓ Treat the underlying condition rather than focus only on treating crises.
- ✓ Based on *Wit v. United Behavioral Health* decision.
- ✓ Coalition working on multiple bills, including stronger data reporting.
- ✓ Includes new requirements for Oregon Health Plan.

- **Mental Health Housing Incentive Fund**

- ✓ Technical fix to move Fund to OHA.

2021 Legislative Priorities

- **Protect Medication Access**

- ✓ Extend “sunset” for open access from 2022 to 2026 to permit Mental Health Clinical Advisory Group (MHCAG) to finish work.
- ✓ Add grandfathering and “dispense as written” with sunset.
- ✓ Formally tie MHCAG work to state’s formulary.

- **Civil Commitment**

- ✓ Rerun of SB 763 from 2019. Adds definitions to civil commitment statutes. Intended to impact “aid and assist” explosion.

Housing Incentive Fund

- Provides incentive matches for projects serving individuals living with serious mental illness and/or SUD.
- Move Incentive Fund to Oregon Health Authority from OHCS.
- Fits better at OHA and its expertise with specific populations.
- Request “deposit” into Incentive Fund.
- Track record of success.

✓ *\$20M in funding; \$140M in total development*



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Civil Commitment

- Oregon statute does not define important terms such as “danger to self.”
- Oregon Court of Appeals left to define terms in case law.
- Lack uniform application of holds and commitments even within same jurisdiction.
- Most people enter system via criminal justice system.
- Opens door to civil system. Avoid criminal justice involvement.



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Parity: Continued Vigilance Essential

% Out-of-Network Utilization in Oregon

Inpatient Facility	2017
Behavioral Health	19.3 %
Medical/Surgical	1.2 %

Outpatient Facility	2017
Behavioral Health	32.9 %
Medical/Surgical	4.1 %

Office Visits	2017
Behavioral Health	11.8 %
Primary Care	2.8 %
Med/Surg Specialists	4.5 %

“Addiction and mental health vs. physical health: Widening disparities in network use and provider reimbursement,” Milliman Research Report, by Stoddard Davenport, Travis J. (T.J.) Gray, and Stephen P. Melek, November 2019. See: <https://www.milliman.com/en/insight/addiction-and-mental-health-vs-physical-health-widening-disparities-in-network-use-and-p>

Parity in Oregon Medicaid

- Long waits for access to services.
- Lack access to critical levels of service.
- Variation by region in terms of utilization management.
- Inadequate provider panels.
- Unstable workforce, due in large part to low reimbursements.



Wit v. United Behavioral Health: What Does Parity Mean?

- Treat the underlying condition, not only current symptoms of crisis.
- Treat co-occurring conditions in coordinated manner.
- Treat at the least intensive level of care that is safe and effective.
- Err on the side of caution.
- Effective treatment includes services to maintain function.
- Determine duration based on individual needs.
- Take unique needs of children & adolescents into account.
- Make level of care decisions based on a multidimensional assessment.



Stay in the Loop

Join the NAMI Oregon
Advocacy Committee
& Email List

michelle@namior.org



**“Act as if what you do
makes a difference. It does.”**

– William James

**Question, Answer
& Sharing**