National Alliance on Mental Illness

NAMI Oregon Annual Meeting
Report to Membership
November 6, 2021
Today’s Agenda

• Board Candidates
• Annual Report to Membership
• Public Policy Update
• Q & A
Say Hello to Your Board & Staff!

- NAMI Board of Directors Present
- Michelle Madison
- Pete Link
Board Candidates: Second Terms

• Andrew Grover
  Executive director, Youth Villages Oregon. Current Board president.
Board Candidates: First Terms

• Robin Henderson
  Second stint on board. Former president. Chief executive for behavioral health, Providence Health & Services.

• Vanessa Nordyke
  Salem City Council. Senior assistant attorney general, Oregon Department of Justice.
Board Candidates

- Zoom Poll: Vote “in favor” to approve slate of directors.
Annual Report to Membership
Education • Support • Advocacy

12 Affiliates Under State:
• Central Oregon (staff)
• Clatsop Co.
• Columbia Co.
• Coos Bay
• Douglas Co.
• Eastern Oregon
• Gorge
• Klamath Falls
• Marion/Polk Cos.
• Mid-Valley
• Southern Oregon (staff)
• Yamhill Co.

Incorporated:
• Clackamas Co.
• Lane Co.
• Multnomah Co.
• Washington Co.
## 2019 Audited Financials

<table>
<thead>
<tr>
<th></th>
<th>Programs</th>
<th>Support Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>$177,693</td>
<td>$52,142</td>
</tr>
<tr>
<td>Operations</td>
<td>$274,017</td>
<td>$32,086</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$451,710</td>
<td>$153,230</td>
</tr>
</tbody>
</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Expense</strong></td>
<td>$577,687</td>
</tr>
<tr>
<td><strong>Net Revenue</strong></td>
<td>$247,565*</td>
</tr>
</tbody>
</table>

* Estimated net revenue to NAMI Oregon: $83,689.
* Estimated net revenue to Affiliates: $163,876.
### 2020 Audited Financials

<table>
<thead>
<tr>
<th></th>
<th>Programs</th>
<th>Support Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>$ 219,597</td>
<td>$ 52,999</td>
</tr>
<tr>
<td>Operations</td>
<td>$ 241,274</td>
<td>$ 53,870</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$ 460,871</strong></td>
<td><strong>$ 106,869</strong></td>
</tr>
</tbody>
</table>

| **Total Expense**    | **$ 567,740** |
| **Net Revenue**      | **$ 200,603*** |

* Estimated net revenue to NAMI Oregon: $260,391.
* Estimated net revenue to Affiliates: $(59,790).
Grants to Affiliates!

- 2014: $36,000 in grants.
- 2015: $42,500 in grants.
- 2016: $22,500 in grants.
- 2017: $20,000 in grants.
- 2018: $21,000 in grants.
- 2019: $21,000 in grants.
- 2020: $30,000 in grants.

$193,000 in total grants!
## 2021 Operational Budget (No Affiliates)

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership</td>
<td>$ 6,240</td>
</tr>
<tr>
<td>Direct Public Support</td>
<td>$ 48,104</td>
</tr>
<tr>
<td>Indirect Public Support</td>
<td>$ 32,004</td>
</tr>
<tr>
<td>Government Contracts</td>
<td>$ 210,040</td>
</tr>
<tr>
<td>Non-Gov Grants/Contracts</td>
<td>$ 8,000</td>
</tr>
<tr>
<td>Other Sources</td>
<td>$ 0</td>
</tr>
<tr>
<td>WALK Sponsor</td>
<td>$ 40,500</td>
</tr>
<tr>
<td>WALK Teams</td>
<td>$ 95,000</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$ 497,486</strong></td>
</tr>
</tbody>
</table>
## 2021 Operational Budget (No Affiliates)

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary/Related Expenses</td>
<td>$232,895</td>
</tr>
<tr>
<td>Contract Services</td>
<td>$56,432</td>
</tr>
<tr>
<td>Operations</td>
<td>$94,783</td>
</tr>
<tr>
<td>Walk Distributions</td>
<td>$56,050</td>
</tr>
<tr>
<td><strong>Total Expense</strong></td>
<td><strong>$440,160</strong></td>
</tr>
<tr>
<td>Adjust for Aff. Net Walk</td>
<td>$8,700</td>
</tr>
</tbody>
</table>

| Net Revenue              | $(7,892)   |
### NAMI Signature Program Totals 2016-2021

<table>
<thead>
<tr>
<th>Year</th>
<th>Events</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021</td>
<td>748*</td>
<td>7,202*</td>
</tr>
<tr>
<td>2020</td>
<td>1,070</td>
<td>9,368</td>
</tr>
<tr>
<td>2019</td>
<td>1,330</td>
<td>14,222</td>
</tr>
<tr>
<td>2018</td>
<td>1,438</td>
<td>13,444</td>
</tr>
<tr>
<td>2017</td>
<td>946</td>
<td>8,520</td>
</tr>
<tr>
<td>2016</td>
<td>545</td>
<td>5,782</td>
</tr>
</tbody>
</table>

* As of 11/4/21
## Events and Participants by Program

<table>
<thead>
<tr>
<th>Program</th>
<th>2019 (events/participants)</th>
<th>2020 (events/participants)</th>
<th>2021 (events/participants)</th>
</tr>
</thead>
<tbody>
<tr>
<td>F2F</td>
<td>23 / 416</td>
<td>16 / 273</td>
<td>11 / 145*</td>
</tr>
<tr>
<td>Basics</td>
<td>9 / 86</td>
<td>56 / 85</td>
<td>4 / 32*</td>
</tr>
<tr>
<td>P2P</td>
<td>12 / 133</td>
<td>9 / 90</td>
<td>9 / 97*</td>
</tr>
<tr>
<td>Homefront</td>
<td>1 / 4</td>
<td>1 / 10</td>
<td>0 / 0</td>
</tr>
<tr>
<td>ETS</td>
<td>113 / 3,722</td>
<td>63 / 1,559</td>
<td>79 / 1,485*</td>
</tr>
<tr>
<td>IOOV</td>
<td>80 / 1,496</td>
<td>20 / 597</td>
<td>23 / 441*</td>
</tr>
<tr>
<td>Connection</td>
<td>741 / 5,373</td>
<td>693 / 4,561</td>
<td>458 / 3,476*</td>
</tr>
<tr>
<td>FSG</td>
<td>338 / 2,808</td>
<td>256 / 2,064</td>
<td>166 / 1,636*</td>
</tr>
</tbody>
</table>

* As of 11/4/21
### 2021 Program Leader Trainings

<table>
<thead>
<tr>
<th>Program</th>
<th>Trainings</th>
<th>No. Trained</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family-to-Family</td>
<td>2</td>
<td>17</td>
</tr>
<tr>
<td>Basics</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Peer-to-Peer</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>Connection</td>
<td>2</td>
<td>12</td>
</tr>
<tr>
<td>Family Support Group</td>
<td>2</td>
<td>12</td>
</tr>
<tr>
<td>In Our Own Voice</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>Ending the Silence</td>
<td>Online</td>
<td>?</td>
</tr>
<tr>
<td>Family and Friends</td>
<td>Online</td>
<td>?</td>
</tr>
</tbody>
</table>
Programs 2021 – Year 2 of Zoom

- Continued providing all programs via Zoom. Several affiliates now using their own Zoom licenses.
- Currently offering more than 40 support groups online.
- Programs are less dependent on affiliate distinctions.
- Opened program leader trainings to other states when not full.
- National training of trainers via Zoom will be held in December 2021.
- NAMI 720 has been launched, training opportunities announced.
- Multiple changes in national staff on the Education Team.
NAMI Statewide Helpline

• Toll-free Helpline fielded approx. 1,300 calls, emails, and drop-ins.
• Web traffic remains 15-25% higher than pre-pandemic. (98% new users)
• Housing, online support groups, general resources and outpatient treatment are top pages.
• Redesign website in 2021 to better meet needs of users.
Highlights for 2021

• New workshop on Resilience – first test run in October a success!
• Spun off Beacon Clubhouse in Astoria.
• Hired for new staff position. Lost staff person.
• NAMIWalks Northwest virtual again – raised $220,922. ($199,666 in 2020)
• Wondering what the future holds, because we’re living with this for some time.
Coming in 2021

• Short legislative session.
• Hire new position again.
• Figure out this new world and how to position the organization.
• Avoid doom.
Public Policy Report
NAMI Oregon’s 2021 Legislative Priorities

Parity
HB 3046

988
HB 2417

MHCAG
HB 3045

Civil Com.
SB 187

Housing
HB 2316

Telehealth
HB 2508
NAMI Oregon’s 2021 Legislative Priorities

• **HB 3046: Expand Definition of Parity**
  - Treat the underlying condition rather than focus only on treating crises.
  - Based on Wit v. United Behavioral Health decision.
  - Coalition pulled together multiple concepts, including annual reporting requirements.
  - Includes new requirements for Oregon Health Plan.
NAMI Oregon’s 2021 Legislative Priorities

• **HB 2417: Implement 988**
  ✓ New three-digit number to reach National Suicide Prevention Lifeline.
  ✓ States have flexibility to tie 988 to crisis system.
  ✓ HB 2417 is implementing legislation for Oregon.
  ✓ Establishes call center. Moves toward expansion of mobile crisis teams.
  ✓ More to come: telecom fee, rules, and funding for expanded crisis response settings.
NAMI Oregon’s 2021 Legislative Priorities

• HB 3045: Protect Medication Access, Improve Prescribing
  ✓ Extend “sunset” for open access from 2022 to 2026 to permit Mental Health Clinical Advisory Group (MHCAG) to finish work.
  ✓ Add grandfathering and “dispense as written” with sunset.
  ✓ Formally tie MHCAG work to state’s formulary.
NAMI Oregon’s 2021 Legislative Priorities

• **HB 2316: BH Housing Incentive Fund**
  - Provides incentive matches for projects serving individuals living with serious mental illness and/or SUD.
  - Move Incentive Fund to Oregon Health Authority from OHCS.
  - Fits better at OHA and its expertise with specific populations.
  - Request “deposit” into Incentive Fund.
  - Track record of success.
NAMI Oregon’s 2021 Legislative Priorities

• SB 187: Civil Commitment
  ✓ Rerun of SB 763 from 2019. Adds definitions to civil commitment statutes. Intended to impact “aid and assist” explosion.

• HB 2508: Telehealth
  ✓ Makes permanent emergency rules established in response to pandemic.
  ✓ Parity in reimbursements.
  ✓ Includes audio only.
  ✓ Includes out-of-network coverage.
Legislature’s New Investments

• $130 million to expand residential treatment, services, and housing. (Half state funds, half federal match.)

• $50 million for system “transformation and alignment.”

• $121 million to continue certified community behavioral health centers. ($24.5 million state funds, $96.5 million federal match.)

• $21 million for aid and assist community restoration.

• $302 million related to Ballot Measure 110.

• $60 million for workforce development. Rural and diversity focus.
Continuing Challenges

• Children’s system for acute care has basically collapsed.

• Adult system is stuck.

• Workforce is shrinking. Services are contracting.

• **Workforce compensation needs to be addressed before trying to expand.**

• Only reliable pathway to enter care for high acuity adult patients is the criminal justice system.
  ✓ *Aid and assist population will continue to absorb resources.*

• Lack of urgency to develop community placements.
  ✓ *The system will be that much farther behind when investments finally roll out.*
Stay in the Loop

Join the NAMI Oregon Advocacy Committee & Email List

michelle@namior.org
“Act as if what you do makes a difference. It does.”
– William James

Question, Answer & Sharing